Ways you can support your child at home:

3 year olds

Personal, Social

Continue to talk about emotions—talk about things that make us happy, sad, excited, worried.

Talk about teachers , Key Workers and friendships they are making aNursery.

Help your child to talk about their needs—do they need the toilet? Are they feeling hot, hungry, tired, happy?

Communication & Language

Start to build up instructions e.g put the car in the box please? Take off your coat and hang it up.

Talk about your favourite stories. You could visit the library.

Share longer stories together and encourage them to listen and talk about the story.

Talk to your child in sentences and encourage them to do the same .

Literacy

Continue to sing songs

Make up your own songs and identify rhymes.

Keep the reading routine! Share longer stories together and guess what might happen.

Look at print in the environment—notice signs and letters

Practice making marks using different writing implements–pencils, sticks, chalk, felt tips, crayons

Draw pictures together and talk about what you have drawn.

Physical Development

Explore different spaces outside. Climb, run , jump , swing!

Change speed and direction when they are moving

Play games together—throwing and catching, kicking balls, take turns and enjoy!

Play with bracelets, buttons , small building bricks to developing their fine motor skills.

Practice doing up buttons

Understanding the World

Talk about people in your family. Talk about friends at Nursery. Talk about people they might see!

Take them to visit new places and try new activities. Look on the '50 things to do before you're 5 in Birmingham' app for lots of free activities to try together & places to go.

Encourage you child to help with the washing up or unpacking the shopping

Look at plants in the park .

Expressive Arts & Design

Build and create using empty packets e.g. pizza boxes, egg boxes, cereal packets

Experiment with different colours and textures.

Talk about favourite songs and music—dance and sing together!

Maths

Practice counting together. Count steps, cups, cars

Count up to 5 objects, pointing at each object as you count.

Notice patterns and start to make your own - e.g red, yellow,

Play hide the teddy— can you put it on the chair? Under the chair? Behind the chair?

Compare objects—which is bigger? Who is taller?

Can you find a smaller stick?

Talk about routines—what happened today?